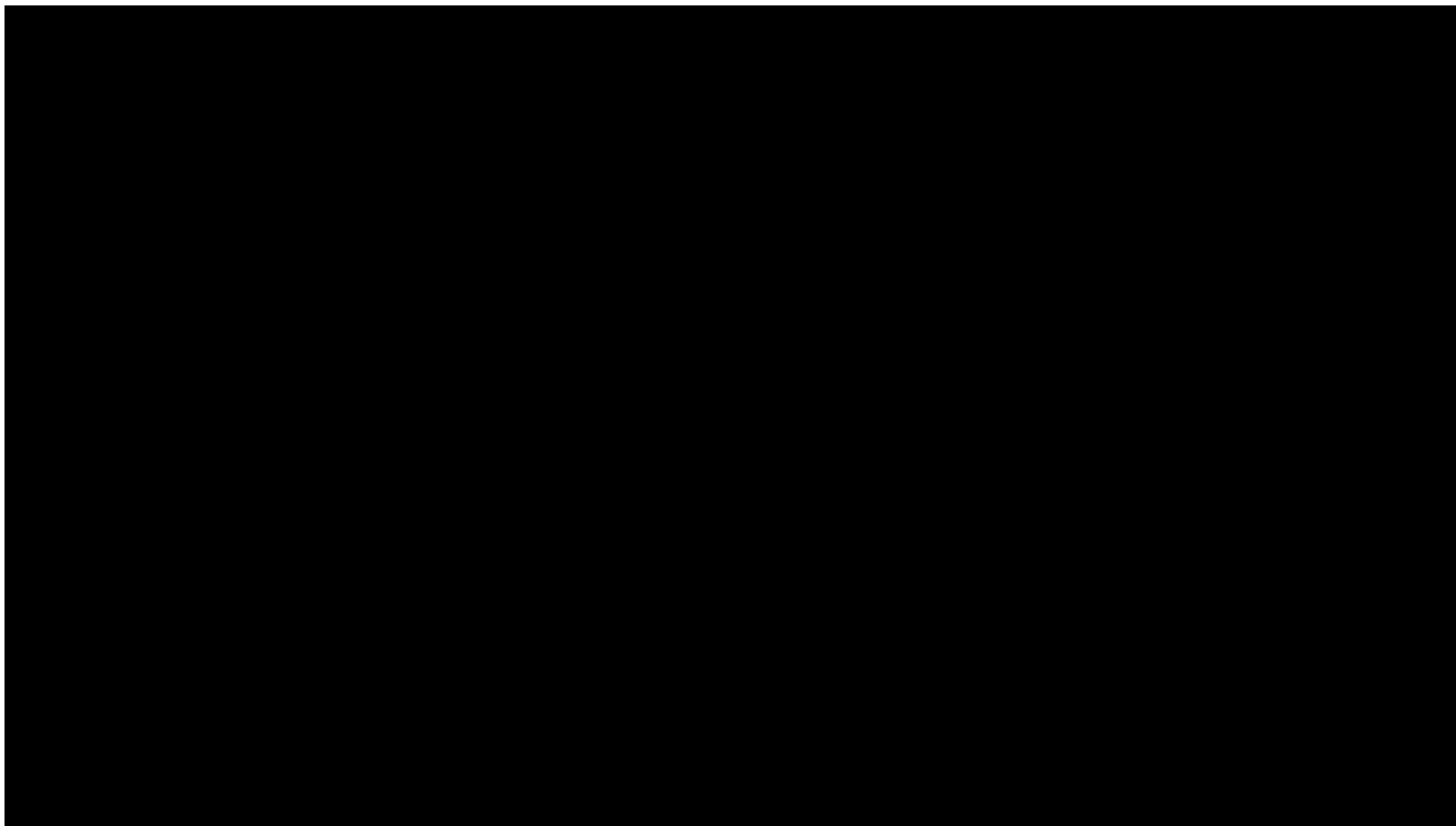




End-of-Life Phenomena

Dr. Ong Tien Kwan

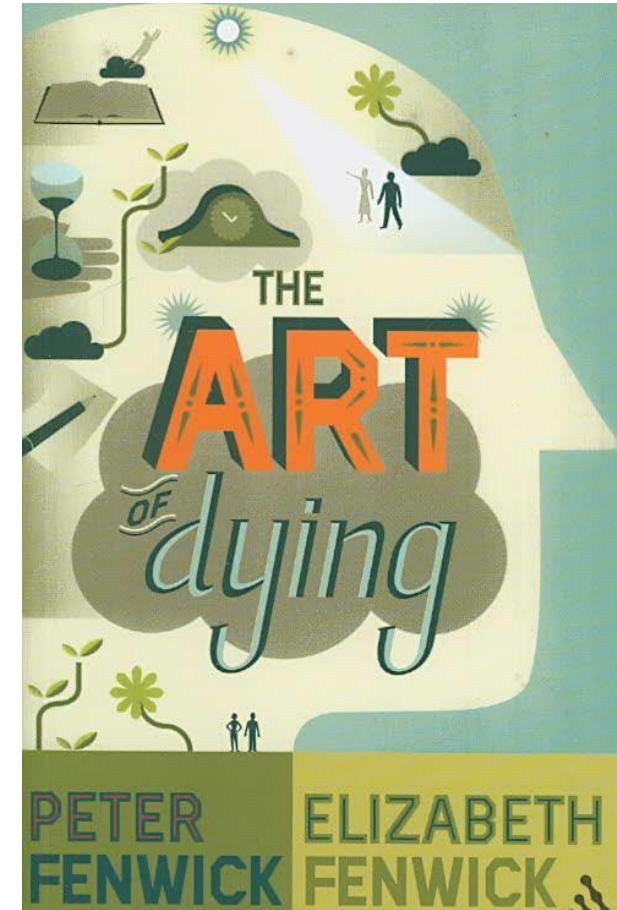
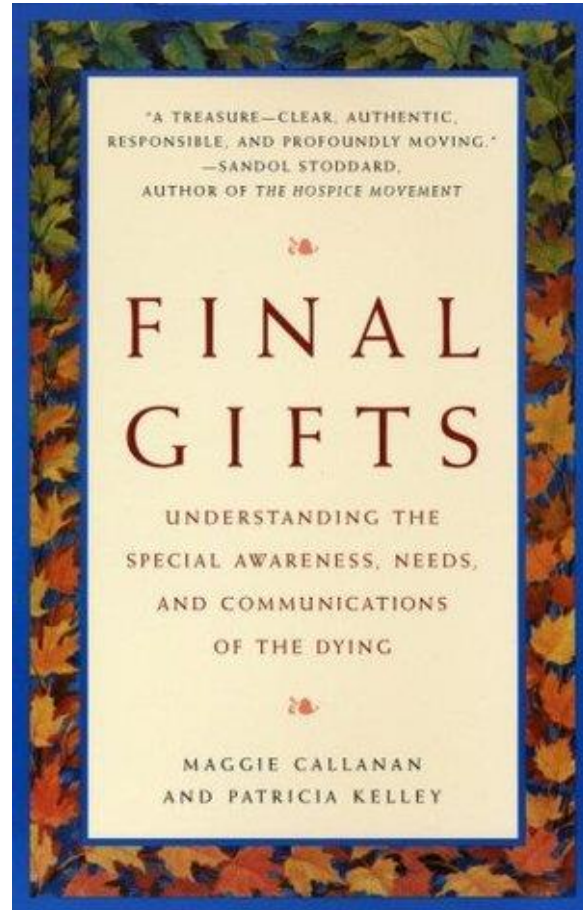
The Veil is thin between this world and next



Types of Deathbed Phenomena

1. Premonition
2. Deathbed Visions
3. Transition / Alternate Reality
4. Terminal Lucidity
5. Deathbed Coincidences
6. After Death Communication

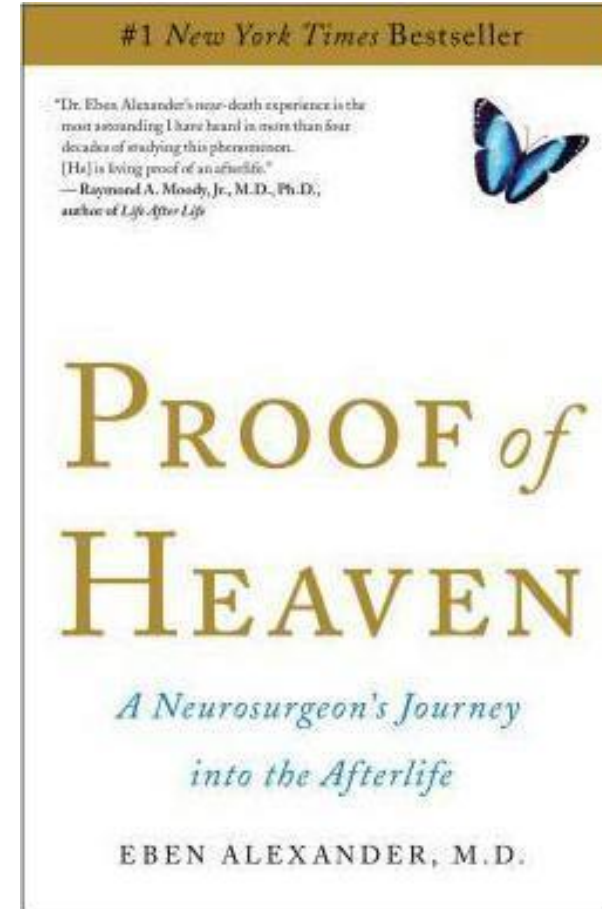
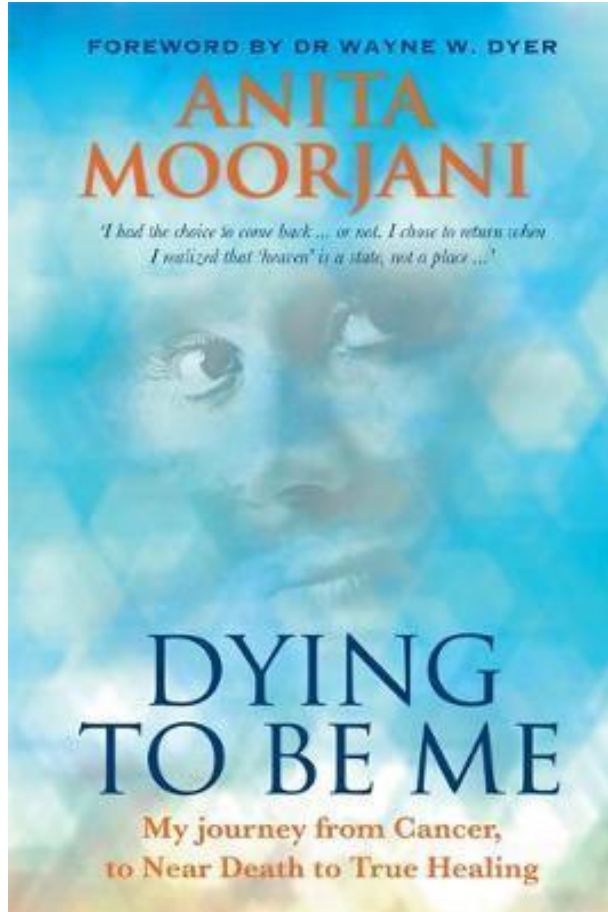
Recommended Books



Tibetan Tradition

1. Dissolution of Gross Body and Mind
 - A. Dissolution of Earth Element --> Reduced body mass, muscle mass
 - B. Dissolution of Water Element --> Reduced saliva, urine output
 - C. Dissolution of Fire Element --> Body temperature reduced
 - D. Dissolution of Wind Element --> Breathing reduced, laboured, stopped
2. Dissolution of Subtle Mind
 - A. White Appearance
 - B. Red Appearance
 - C. Black Appearance
 - D. Clear Light
3. Consciousness leaves body

Near Death Experience (NDE)



The best time to
plant a tree was
20 years ago.
The second best
time is now.

~Chinese Proverb



How to Cultivate a Friendship with Death

1. Establish a link with Spirituality (God)
2. Learn Acceptance
3. Nurture your Relationships
 - Importance of Forgiveness
4. Be of Service to Others

A dirt road winding through a forest with tall grasses on the sides.

**A good death does
honour to a whole life.**

Petrarch